



CLAP YOUR HANDS

Babies have always been a welcome and wonderful addition to our classes. Babies actually start hearing music in utero at about four months so it's never too early to start music education. Early exposure to music makes it easier for children to express themselves musically as they grow older and prepares them for learning instruments later in life. This begins in infancy with tonal and rhythmic patterns, word and wordless melodies, chanting, singing, creative dance, movement, rhythm, and percussion instrument free play; all which are included on this wonderful interactive CD.

Suggested ages: Infants

HELLO

(Traditional)

Hello to the girls.
Hello to the girls.
Hello to the girls.
How do you say hello?

Hello to the boys...Moms...Dads...teachers...everybody!

This upbeat song helps to get everyone in the mood to SING, SING, SING! Infants and very young babies LOVE waving...either watching you or honing those important developmental skills. Whether your child is doing the famous "backwards" wave, attempting to wiggle a finger, or watching you, this song will definitely get any child's attention! With all of our curriculums, we encourage teachers with very young children to accompany all of the motions of our songs with big SMILES! You can make up a silly new way to wave hello (behind your head, flutter your fingers and have them follow your wave up and down, side to side, etc.).

CLAP YOUR HANDS

(Traditional)

Clap, clap, clap your hands, Clap your hands together.
Clap, clap, clap your hands, Clap your hands together.
La, la, la, la, la, la, la...

Stomp, stomp, stomp your feet...
Wave, wave, wave your arms...
Scooch, scooch, scooch along...
Clap, clap, clap your hands...

Since infants and babies have very limited capabilities at this age, you will be their main source of interaction by manipulation. You will be the "hand clapper", the "foot stomper", etc. This provides wonderful stimulation and the gift of the human touch. As with any interaction with infants, if your children are not "in the mood" to be stimulated, don't force it upon them. You can also be their main source of musical entertainment. Clap your hands and allow your movements to provide visual stimulation.

LITTLE RED CABOOSE

(Traditional) Shaker Egg Maracas

Little red caboose, chug, chug, chug
Little red caboose, chug, chug, chug
Little red caboose, behind the train, train, train.
Smokestack on its back, back, back, back,
Comin' down the track, track, track, track,
Little red caboose behind the train.

(Repeat)

When you hear the whistle, you feel just like a king,
When you hear the bell ring, it makes you wanna
sing.
About that little red caboose...

Since your children may not have the skills to grasp objects yet, provide shaker egg fun for them by gently massaging or tapping the egg on their bellies, toes, shoulders, etc. Gently patting or tapping with the rhythm of the song will help to instill future rhythm skills in your little music scholars. You can also take your child on the “train ride”! Pick the child up and walk to the rhythm of song while shaking your egg.

LITTLE DUCKY DUDDLE

(Traditional)

Little Ducky Duddle was swimming in a puddle

A puddle, a puddle quite small
She said it doesn't matter
How much I splish and splatter
I'm only *(open hands)* a ducky *(fold your hands)* after all,
Quack, Quack!

(Hold hands together and gently move in zigzag motions)

(Make “flutter” motions with your fingers)

(Wave your finger in side to side motions)

(Make splashing motions with your hands)

(Open and close hands like a quacking duck)

(Repeat)

You will provide entertainment for your infants if you learn the hand motions (provided above) for this song. The movements are slow, gentle, and very easy for infants to focus on. If you don't know the movements gently tap along with the rhythm of the song on your baby's belly, toes, etc. to instill those wonderful rhythm skills.

JACK IN THE BOX

(Traditional)

Jack in the Box jumps up like this
He makes me laugh when he waggles his head
I gently press him down again
But Jack in the Box jumps up instead!

(Sit up really straight)

(Waggle your head)

(Lower yourself below your baby's line of sight)

(Jump up—do this slowly for very young babies because many startle very easily!)

The motions above are for you to do FOR your children. The motions below are for you to do WITH your children:

Jack in the Box jumps up like this
He makes me laugh when he waggles his head
I gently press him down again
But Jack in the Box jumps up instead!

(Gently lift baby above your head)

(Gently sway baby from side to side)

(Lower baby to your eye level)

(Gently lift baby above your head—and again, do this slowly for very young babies because may startle easily!)

MEXICAN SCRAMBLE

(J. Kelly) Shaker Egg Maracas

Shake-a shake my egg way up in the air
Doo doo doo doo doo doo doo doo doo
Shake-a shake my egg way up in the air
Doo doo doo doo doo doo
Oooooooooo, oooooooooo

Shake-a shake my egg way down to my shoes...
Shake-a shake my egg and tickle my belly...
Shake-a shake my egg and do a little dance...

Gently pat a shaker egg on your baby and be sure to join in the fun of making all of the silly sounds that are in this song. (Feel free to get creative and make up your own as well). This song gives direction in each verse as to how and where to keep the beat with your maracas but between each verse is a little instrumental where you can take over if you want to. Give your baby a gentle back rub with the egg or slowly move and shake the egg so that the baby can see where the sound is coming from. If they are able to hold the egg, they will most probably put it right in the mouth. Not to worry. Everything is non-toxic and safe for babies and children of all ages. Be sure to wash the eggs after each Makin' Music session!

COTTON-EYED JOE

(Traditional) Rhythm Sticks

Where did you come from, where did you go
Where did you come from, Cotton-Eyed Joe
Where did you come from, where did you go
Where did you come from, Cotton-Eyed Joe

Come for to see you come for to sing
Come for to show you my golden ring

Boom chicka boom boom...

Shoo shoo be do be...
Tip tippy tap tap...

Where did you come from, where did you go
Where did you come from, Cotton Eyed Joe
Come for to see you come for to sing
Come for to show you my golden ring

1, 2, 3, 4, 5, 6, STICKS UP!

Infants do not have the motor control to use rhythm sticks but you can act as the facilitator and give them a very rewarding experience. Hold one stick in your hand and let your baby hold one stick (with CONSTANT supervision). Gently tap your stick against the baby's stick so that the rhythm can be felt. You can also tap your stick on your baby's toes, knee, or gently roll your stick on the baby and give a little massage. Some suggestions for visual stimulation—allow your baby to watch you work with the sticks: zip them, march them up and down, be a bee, put “kitty” whiskers on and meow.

THIS LITTLE COW

(Traditional) Tickle Chant

| | |
|--|--------------------------------------|
| This little cow eats grass | <i>(Wiggle baby's little finger)</i> |
| And this little cow eats hay | <i>(Wiggle baby's ring finger)</i> |
| This little cow drinks water | <i>(Wiggle baby's middle finger)</i> |
| And this little cow runs away | <i>(Wiggle baby's index finger)</i> |
| But this BIG cow does nothing but lie around all day | <i>(Wiggle baby's thumb)</i> |
| SO...we'll chase her, we'll chase her, we'll chase her away! | <i>(Gently tickle baby)</i> |

This chant is modeled after “This Little Piggy Went to Market”. It's totally “hands on” and provides stimulation, entertainment, and diversion for your baby!

ITSY BITSY SPIDER

(Traditional)

The itsy bitsy spider went up the water spout
Down came the rain and washed the spider out
Out came the sun and dried up all the rain
Then the itsy bitsy spider went up the spout again

The big fat spider went up the water spout...
The teeny weeny spider went up the water spout...

This is one of the all time favorite children's songs and you will be the main performer for your baby. Use your regular actions for the itsy bitsy spider. Use louder voices and bigger motions for the big, fat spider and use quieter voices and smaller motions for the teeny, weeny spider. This song is wonderful for teaching so many skills; loud and soft, high and low, and it's great for large and small motor coordination.

BEEHIVE

(Traditional) Chant

| | |
|--|--|
| Here is the beehive. But where are the bees? | <i>(Clasp hands together with fingers outside)</i> |
| Hidden away where nobody sees. | <i>(Peek into clasped hands)</i> |
| Watch and you'll see them come out of the hive | |
| One, two, three, four, five | <i>(Lift up fingers one at a time to bring them out of hive)</i> |
| Bzzzzzzzzz | <i>(Wave hands all around in the air like a bee)</i> |

This is an all time favorite! As with most other chants, very young babies do not have the motor skills necessary to "follow along" physically, but they will most definitely be mesmerized watching you do the motions. Make your motions gentle, slow, and smooth to respect your children's ability to visually follow you. Don't forget to give a gentle "buzz" and a playful tickle at the end!

OH, LITTLE PLAYMATE

(Traditional, additional verses J. Kelly) Rhythm Sticks

| | |
|--|---|
| Oh little playmate, come out and play with me And bring your babies three, climb up my apple tree Slide down my rainspout, and out my cellar door And we'll be jolly friends, forevermore | So little playmate, come in and play with me. We'll have a spot of tea; enough for you and me. We'll stir in sugar and honey from the bees And we'll be jolly friends, you and me. |
| Oh little playmate, I cannot play with you My babies have the flu, boo hoo hoo hoo hoo hoo Can you come inside and keep us company? And we'll be jolly friends, you and me. | Oh, little playmate, we'll be a kitchen band. We'll play our wooden spoons, and bang on pots and pans. We'll dance and sing with our Makin' Music songs And we'll be jolly friends, all day long. |

Infants do not have the motor control to use rhythm sticks but you can act as the facilitator and give them a very rewarding experience. Hold one stick in your hand and let your baby hold one stick (with CONSTANT supervision). Gently tap your stick against the baby's stick so that the rhythm can be felt. You can also tap your stick on your baby's toes, knee, or gently roll your stick on the baby and give a little massage. Some suggestions for visual stimulation—allow your baby to watch you work with the sticks: zip them, march them up and down, be a bee, put "kitty" whiskers on and meow.

SARASPONDA

(Traditional Spinning Song)

Boomda, boomda, boom, boom, boom.

Boomda, boomda, boom

Sarasponda, sarasponda, sarasponda ret set set

Sarasponda, sarasponda, sarasponda ret set set

Ahdoray-oh! Ahdoray-boomday-oh!

Ahdoray-boomday-ret set set, assay passy oh

(Repeat)

This catchy little tune comes all the way from Netherlands. Sit on the floor with knees up and put your “baby partner” in a cradled sitting position facing you. While holding the baby’s hands in yours, rock back and forth with gentle motions and follow the directions below.

Boomda: Gently pat on baby’s knees or belly, or tap feet together to instill a beat throughout this song.

Sarasponda: Hold hands with each other and push/pull forward and backward.

Ahdoray-oh: Still holding hands, raise your arms up in an arch and rock side to side.

GOODNIGHT

(J. Kelly) Lullaby

As the moon says hello and the sun says goodnight
As the colors come alive in the sleepy western sky
As the crickets start to sing and the quiet night begins
Dream of me and tomorrow and all life’s good things.

Chorus:

And know I love you all the time

Know I love you. Goodnight.

As the stars start to twinkle, I will give you a kiss
Close your eyes; let your dreams bring you all that you wish.
As you sail to slumber land and you close your sleepy eyes
Feel my love all around you, all through the night.

Chorus

Goodnight, goodnight, goodnight, goodnight.

Rock your baby to sleep and listen to the gentleness of this song and/or play at a very low volume in your infant room during nap times or any time!

GARDEN SNAIL

(Traditional) Chant

Slowly, slowly, very slowly creeps the garden snail *(Walk fingers slowly starting down on baby's toes)*
Slowly, slowly, very slowly up the wooden rail *(Continue to walk fingers up baby's body very slowly)*
Quickly, quickly, very quickly runs the little mouse *(Move quickly with fingers all around as quickly as a mouse up and down baby's body)*
Quickly, quickly, very quickly round about the house *(Continue to move very quickly)*

IT'S POTTY TIME

(J. Kelly) Scarf Dancing

When I was a little baby,
Everybody had to change me
'Cause I wore diapers, stinky diapers
Just like all the babies in the world
Then my mommy and daddy told me
I am big now. I'm no baby
I'm a big kid and everybody who's a big kid
Goes on the potty!

Chorus:

It's potty time, potty time!
Everybody potty with me!
It's potty time, potty time!
Everybody potty with me!

So I decided that I would try to
Go on the potty just like you do.
Just like Mommy, just like Daddy,
And like the big kids who go to the potty!
Look at me now! You will see me
Dash away and run to the potty.
I'm no baby and I'm ready
To be a big kid and go to the potty!

Chorus

Mom and Daddy potty. My big brother potties
My big sister potties. Hey, you! Do you potty?

We all know that we as parents, teachers, or caregivers do not potty train our children; THEY decide when it's time for them to do it. This song was written with hopes of inspiring kids to come to the stage of their lives when it's POTTY TIME! Unfortunately, you who work with infants and very young toddlers will not benefit from the verbal inspiration that this song gives to "potty aged" children, but you'll have a blast dancing along! Get your scarves or whatever visual you use for movement. Begin to dance and move so that your "tiny dancers" can visually follow you and the scarf movements. Sway your scarves high, low, fast, and slow. Pick up your "little partner" if you like and dance to the rhythm of the song.

MUSICIANS IN THE BAND

(J. Kelly) Rhythm Sticks

My friends and I are musicians in the band;
We are the best musicians in the land.
So help us keep the rhythm and sing this melody,
La, la, la, la, fiddle dee, dee, dee
La, la, la, la, fiddle dee, dee, dee

We strum our guitars to the rhythm of the band...
We march to the rhythm, the rhythm of the band...
We bang on the drums to the rhythm of the band...
We fiddle to the rhythm, the rhythm of the band...

1, 2, 3, 4, 5, 6, Sticks up!

Infants do not have the motor control to use rhythm sticks but you can act as the facilitator and give them a very rewarding experience. Hold one stick in your hand and let your baby hold one stick (with CONSTANT supervision). Gently tap your stick against the baby's stick so that the rhythm can be felt. You can also tap your stick on your baby's toes, knee, or gently roll your stick on the baby and give a little massage. Some suggestions for visual stimulation—allow your baby to watch you work with the sticks: zip them, march them up and down, be a bee, put "kitty" whiskers on and meow.

TUA TUA

(Traditional Ghana Chant) Hand Clapping Chant

Tua tua barima tua tua
Tua tua barima tua tua
Aboda awa dawa dawa tua tua

Aboda awa dawa dawa tua tua
Barima tua tua
Barima tua tua

Manipulate your children by clapping their hands (like “Pat a Cake”) and then when you hear “Hei” raise your baby’s arms up high. To switch it up a little, pat various parts of baby’s body keeping to the beat as closely as possible. And always remember baby’s sensitivity to sudden noises. In other words, “Hei” should not be shouted, rather simply raised a decibel or two to avoid startling your children.

UNDER THE COVERS

(S. Eckberg, J. Kelly, K. Fink) Scarf Chant

I’m underneath the covers. It’s cozy as can be.
I’m underneath the covers. You can’t see me!
I’m underneath the covers. Can you find me?
Watch out! Here I come! 1...2...3!

Older children love to hide and this chant is a fun way to do so. Very young babies, however, do NOT normally like long durations of “hiding” or having their faces covered. Therefore, when you hide your face or attempt to playfully cover your baby’s face, do it in very short intervals (slowly move the scarf across your baby’s face and keep it moving. When you hide behind your scarf, gently “reappear” throughout the chant with a SMILE on your face and say the chant with playful and gentle inflection changes in your voice.

TROT TO GRANDMA'S HOUSE

(Traditional) Lap Bounce

Trot, trot to Grandma's house
To get a little boy some cherries.
When we got there the tree was bare
So we'll trot back, trot back, trot back, trot back, trot back, trot back, trot back, trot back
Whoaaaaaaa! Do, Do, Do, Do, Do

Doo, Doo...
Daa, Daa...

Trot, trot to Grandma’s house
To get a little girl some cherries...

Very young babies normally do better with lap bounces facing you and watching your smiling face. Put the baby on your lap and very gently bounce baby up and down. For “trot back”, gently bounce baby from side to side. When the pony slows down and you hear a big “Whoa!” lean all the way back like you are pulling the reins on your horse.

OSEH SHALOM

(Traditional Hebrew Prayer for Peace) Play Along

For Makin' Music play alongs, choose a quieter percussion instrument and shake it slowly in front of your baby (while holding it far away enough for the baby to be able to focus) Move your instrument of choice to the rhythm of the song. In doing so, you are giving your "little percussionist" both auditory and visual reinforcement of the rhythm. Always remember to respect baby's comfort level for loud sounds.

QUIET MOUSE

(Traditional) Chant

Once there was a quiet mouse
In a quiet little house
When all was quiet as can be
OUT POPPED SHE!

Once there was a quiet mouse
In a quiet little house
When all was quiet as can be
OUT POPPED HE!

This chant works beautifully as a "Peek-a-Boo" chant for infants. You can either use your hands to cover your eyes or use a scarf. In remembering the short attention span of an infant, be sure to "resurface" every so often during the chant.

JESSIE'S SONG

(J. Weaver) Lullaby

Hush-a-bye, lullaby. Go to sleep, my baby.
Hush-a-bye, lullaby. Go to sleep, my baby.

Rock-a-bye, lullaby. Close your eyes, my baby.
Rock-a-bye, lullaby. Close your eyes, my baby.

Mommy is here. Daddy is near
It's time for bed, baby dear.

Hush-a-bye, lullaby. Don't you cry, my baby.
Hush-a-bye, lullaby. Don't you cry, my baby

Rock-a-bye, lullaby. Sweet dreams, my baby.
Rock-a-bye, lullaby. Sweet dreams, my baby.
Daddy is here. Mommy is near

It's time for bed, baby dear.
It's alright Mommy's here
It's alright Daddy's here
Go to sleep, my baby.

Rock your baby to sleep and listen to the gentleness of this song and/or play at a very low volume in your infant room during nap times or any time.

LOOBY LOO

(Traditional) Animal Dancing

Chorus:

Oh, here we go Looby Loo, here we go looby li
Here we go Looby Loo, all on a Saturday night!

You put your belly in, you take you belly out
You give your belly a little shake and turn yourself around!

Chorus

You tickle your teddy here, you tickle your teddy there
You give your teddy a little tickle! Tickle him everywhere.

Chorus

Wiggle your teddy here, you wiggle your teddy there
Give your teddy a little wiggle! Wiggle him everywhere

Chorus

You hug your teddy here, you hug your teddy there
Give your teddy a great big hug! Hug him everywhere.

Chorus x2

We used this song for the older children as a “stuffed animal” dance song. You can do the same motions with your infant as the older children do with their stuffed animal friends, much more gently, of course! Do a very gentle bouncing movement for the looby loo verse and follow the directions for each verse by wiggling, tickling, hugging, etc. with your “little partner”. Remember, as always, don’t force the movements on the babies. If they are not in mood to be manipulated, respect that. As you well know, it’s very important to have a happy baby.

MY SHOES

(J. Kelly) Scarf Dancing

Whatever in the world would the world do
If no one in the world had invented any shoes?
We’d spend a lot of time sitting on the couch
‘Cause everyone would walk around saying, “Ouch, ouch, ouch!”

Chorus:

Shoes, my shoes, my shoes, yeah, my shoes
Make my feet and my toes feeling like they’re new, me & my shoes.

I wear my aqua socks playing in the ocean.
I wear my boots in the blizzard conditions.
I wear my slippers when I’m feeling kind of lazy.
I wear my sneakers when I’m feeling kind of crazy.

Chorus

(Instrumental)

Chorus

I wear my sandals when the sand gets too hot
I wear my good shoes when I want to dress up
I wear my moccasins when I want to tip-toe
I wear my running shoes when I want to go, go, go!

Chorus x2

Get your scarves or whatever visual you use for movement. Begin to dance and move so that your “tiny dancers” can visually follow you and the scarf movements. Sway your scarves high, low, fast, and slow. Pick up your “little partner” if you like and dance to the rhythm of the song.

LAY YOUR HEAD DOWN

(M. Leone) Lullaby

Lay your head down on my lap. Go to sleep, go to sleep.
Now it's time to take a nap. Go to sleep my baby.

Lay your head down on the floor Go to sleep, go to sleep.
It's not time to play anymore. Go to sleep my baby.

Lay your head down on my knee Go to sleep, go to sleep.
Take a nap right here by me. Go to sleep my baby.

Lay your head down, close your eyes. Go to sleep, go to sleep.
I'll be here when you arise. Go to sleep my baby.

Rock your baby to sleep and listen to the gentleness of this song and/or play at a very low volume in your infant room during nap times or any time!

BYE BYE

(J. Kelly, K. Fink)

Oh, we've had fun, fun, fun makin' music.
We have sung, sung, sung beautiful songs.
And we have danced, danced, danced
To the rhythms.
Now it's time to go home.

So, now it's bye, bye, bye everybody.
On this fine, fine, fine beautiful day.
And when I say, say, say that I love you,
This is my beautiful day.
Hey, hey, hey it's a beautiful day.

Just as you waved and moved to the “Hello” song, revisit the fun of waving with our “Bye Bye” song! Infants and very young babies LOVE waving...either watching you or honing those important developmental skills. Whether your children are doing the famous “backwards” wave, attempting to wiggle a finger, or watching you, this song will definitely get their attention! With all of our curriculums, we encourage teachers with very young children to accompany all of the motions of our songs with big SMILES! You can make up a silly new way to wave hello (behind your head, flutter your fingers and have them follow your wave up and down, side to side, etc.).

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